

# COLONIE YOUTH SOCCER

## Coaching Duties

### 2010 FALL RECREATION PROGRAM

- Place: **Lisha Kill Sports Complex at the Old Veeder Farm**
- Equipment: Sneakers - NO cleats (Pre-K thru 2<sup>nd</sup> grade divisions)  
Soccer cleats are allowed (3rd grade thru 8th grade divisions)  
Player **MUST** wear shinguards  
No Jewelry
- Duties: All coaches should show up about 10-15 minutes early and need to check in at the pavilion/office each week before the game for handouts & other information.  
If you cannot make a game, please inform one of the Directors  
Each team responsible for putting away one goal after the game (Pre-K, K, 4<sup>th</sup>, 6/7/8)  
Coaches will receive a game ball. Yours to keep at the end of the season.  
Pictures handed out 2<sup>nd</sup> to last week. Trophies handed out last day.  
**PLEASE RETURN ALL UNCLAIMED PICTURES IF PLAYER IS NOT PRESENT!!**

#### **PLEASE CONTACT EVERY PLAYER ON YOUR ROSTER AND LET THEM KNOW:**

- 1. Coach's name and team name (sponsor)**
- 2. Start date, time, and field number.**

Use the E-mail feature of the on-line registration system. Be wary of players w/o e-mail.

## BASIC RULES

### SAFETY CHECKS

Please have your player ready for safety checks before the start of the game. A Director will come by to check for shinguards, cleats and jewelry.

The games are approximately 40 minutes in length (20 minutes each half).

Warm up for the first 5-10 minutes. Five minute halftime

Coaches officiate games, assist players, and make substitutions so that all players play equal time, rotating their positions on the field. No competitive or over zealous coaching!

Practices – permitted, but not required and no penalizing

### FORMAT OF PLAY:

Pre-K, K, 1 <sup>st</sup> , 2 <sup>nd</sup>	: 5 v 5
3 <sup>rd</sup> , 4 <sup>th</sup> , 5 <sup>th</sup>	: 6 v 6 (5 field players plus a goalie)
6 <sup>th</sup> /7 <sup>th</sup> /8 <sup>th</sup>	: 7 v 7 (6 field players plus a goalie. Played on U10 fields)

No goalies for Pre-K through 2<sup>nd</sup> Grade which includes a player standing in front of goal

Ball out of bounds on sides: throw in (both hands over the head).

Ball out of bounds on end line (off offense): Goalie/Defense throw-in (one/two handed). **No Goal Kicks!!**

Ball out of bounds on end line (off defense): Corner throw-in. **No Corner Kicks!!**

Players **cannot** challenge goalies for the ball in the goalie area.

Please encourage sportsmanship and keep competitiveness appropriate to the age level.

Shake hands “**good game**” after every match. No match results are kept.

### **Club Information**

Director Michael Mazzie

Asst Directors Perry Blanchard, Jennifer Dentinger, Scott Potter, Jim Davenport

Website [www.coloniesoccer.org/Colonie\\_Soccer\\_2007/index.html](http://www.coloniesoccer.org/Colonie_Soccer_2007/index.html) E-mail [Colyouthsoccer@aol.com](mailto:Colyouthsoccer@aol.com) Phone 435-1330